

Childbirth classes are recommended during the third trimester of pregnancy. This class will help you and your partner prepare for the birth. You will receive approximately 8 -10 hours of class time.

This class is Open to Everyone. Your doctor will need to fax a referral form if you have Medicaid. If you are a Non-Medicaid Client or have Private Insurance you will need to bring proof of income for you and your household to JCPHD.

Johnston County Public Health Department DOES NOT file private insurance.

Cashier is open Monday thru Friday 8am to 5pm.

Classes taught by Kimetha Fulwood, Health Educator. If you have questions, please contact Johnston County Health Department at 919-989-5200.

WHAT TO EXPECT[®]

Topics Covered in Childbirth Class:

- Relaxation
- Breathing Techniques
- Medication
- Self Care
- Methods of Childbirth
- Baby Care



Classes Offered By:
Johnston County Public Health Department
517 North Bright Leaf Boulevard
Smithfield, NC 27577
Main Telephone Number: (919) 989-5200

June 2024 Childbirth Classes



AT
**JOHNSTON
COUNTY
HEALTH
DEPARTMENT**

REGISTRATION FOR CHILDBIRTH CLASSES

Name:

Your Date of Birth:

Address:

Phone Number:

Your Baby's Due Date:

Support Person Name:

IT IS VERY IMPORTANT TO PLAN TO ATTEND ALL CLASSES

- Monday -
June 24, 2024

- Wednesday -
June 26, 2024

- Monday -
July 1, 2024

- Wednesday -
July 3, 2024

**Class Time:
4:30PM to 6:30PM**



**CLASSES WILL BE HELD
AT**

**Johnston County
Health Department
In The
Health Education
Classroom**

What is your Method of Payment?

€ Medicaid Plan Name:

Medicaid ID Number:

Your Provider/Doctor Office Name:

Your Doctor/Provider's NPI #:

Doctor Office Phone Number:

€ Insurance Name (Bring Card):

Policy ID Number:

€ SELF-PAY / SLIDING SCALE:

You will need to bring check stubs or proof of income for every person that lives in your home & works to JCPHD. Our Billing Department (Cashier) is open Monday thru Friday 8am til 5pm. JCPHD DOES NOT file private insurance for these classes.



TO REGISTER FOR
CLASSES:
Bring This Completed
FORM to Johnston County
Health Department
Women's Health Clinic
Or Have your Doctor's Office
Fax it to (919) 989-5266