

Johnston County Public Health



Class Dates

Wednesday -

November 6, 2024

Friday -

November 8, 2024

Wednesday -

November 13, 2024

Friday -

November 15, 2024

**Time: 4:30PM-
6:30PM**

***It is important to
attend all classes!***

Location:

**Johnston County
Public Health**

517 North Brightleaf Blvd
Smithfield, NC 27527

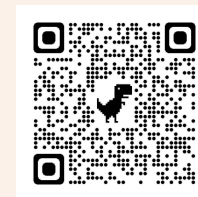
In the Education Classroom.

Topics

- Relaxation
- Breathing Techniques
- Medications
- Self Care
- Methods of Childbirth
- Baby Care



Childbirth Classes



Why take a Childbirth Class?

Childbirth classes are recommended during the third trimester of pregnancy. This class will help you and your partner prepare for the birth. You will receive approximately 8-10 hours of class instruction.

This class is open to everyone. If you have Medicaid, your doctor will need to fax a referral form. If you are a non-Medicaid client or have private insurance, you will need to bring proof of household income to JCPHD.

JCPHD does not file private insurance.
Cashiers are open Monday-Friday 8AM-5PM.

Childbirth class is taught by Kimetha Fulwood, Health Educator. Call 919-989-5200 with questions.

Registration

Name:

Date of Birth:

Address:

Phone:

Your Baby's Due Date:

Support Person Name:

Complete this form and bring it to the Johnston County Public Health Department Women's Health Clinic or have your doctor fax the form to:
919-989-5266

Method of Payment

Check one

Medicaid

Plan Name:

ID #:

Your Provider/Doctors Office:

Doctor's Office Phone #:

Must provide doctor's NPI #:

Private Insurance

Plan Name:

Policy ID #:

Bring proof of income for every working person in your home to JCPHD Cashiers.

Self Pay/Sliding Scale

Bring proof of income for every working person in your home to JCPHD Cashiers.